

## What to Know Before Your Laser Treatment

- Please print and fill out your paperwork and bring it with you to your appointment. Having your paperwork filled out prior will lessen your wait time before your appointment.
- If you want to use numbing cream, it is an additional **\$20 per appointment** and you must arrive 30 minutes before your scheduled appointment in order for the numbing cream to be effective.
- It is **imperative to shave** the treatment area prior to your appointment; this will allow the laser to target the follicle. If you do not shave, the laser will only burn the hair above the surface. For laser hair removal to be successful the laser must target the hair under the skin in the follicle.
- We ask that you avoid sun exposure including tanning beds or spray tans 2 weeks before and after a laser treatment. This ensures that you will be treated safely and avoid laser burns.
- You cannot have laser treatments if you are nursing or pregnant.
- If you are taking antibiotics you must wait **14 days** after taking your last pill to have any laser hair removal treatments performed.
- Please make us aware if you are on any photosensitive medications. Most photosensitive medications require you to discontinue 2 weeks prior to your treatment.
- If taking Accutane, you must wait 6 months after discontinued use to start laser treatments.
- Six sessions are a good starting point to determine how your body and hormones react to laser hair removal. Every person reacts differently and most will likely need another round of hair removal and/or maintenance sessions.