

**SKIN CARE HISTORY QUESTIONNAIRE**

Please answer the following questions so that I may have a better understanding of your general health and lifestyle, thereby enabling me to accurately analyze and assess your skin-care needs.

Date      /      /     

Name (please print clearly)

\_\_\_\_\_  
First Last M.I. Date of Birth

\_\_\_\_\_  
Street Address City State Zip Code

(      )  
Cell Phone E-Mail Address

Please check if presently using any of the following. (please ✓ all that apply)  
 Accutane       Glycolic Acid/Alpha Hydroxy Acid       Topical Vitamin C  
 Hydroquinone       Retinoid (Vitamin A derivatives) i.e. Retin A, Renova, Differin

Which conditions do you want to improve (please ✓ all that apply)  
 Hyperpigmentation (Brown Spots)       Acne/Acne Scarring       Sun Damage       Enlarged Pores  
 Fine Lines & Wrinkles       Age Spots       Surgical Facial Scars       Other: \_\_\_\_\_

Have you ever had an allergic reaction to any skin product or cosmetic?       Yes       No

**FEMALE CLIENTS**

Are you on hormone-replacement therapy?       Yes       No  
 Are you presently taking birth control pills?       Yes       No  
 Are you pregnant or planning to be?       Yes       No

**ALL CLIENTS**

Do you use a sunscreen/sunblock?       Yes       No  
 Do you sunbathe or participate in outdoor activities?       Yes       No

Do you have or have you ever had acne?       Yes       No  
 Are you using or have you ever used any medications for acne?       Yes       No

Name of medication \_\_\_\_\_

Have you seen a dermatologist in the past year?       Yes       No  
 If yes, list doctor's name and reason for visit \_\_\_\_\_

Are you presently under a doctor's care?       Yes       No  
 What medications do you take on a regular basis? \_\_\_\_\_

Have you ever had herpes (cold sores)?       Yes       No  
 Have you ever been treated with Zovirax or any medication for herpes?       Yes       No

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Do you have epilepsy or diabetes?  Yes  No

If yes, you will be treated only with a doctor's release!

Have you had any of the following?  Yes  No (please check all that apply)

- Checkboxes for: Cosmetic Surgery, Botox Injections, Skin Cancer, Dermatitis, Keloid Scarring, Laser Resurfacing, Chemical Peels, Hepatitis, HIV/AIDS, Other (Specify)

Are you allergic to aspirin?  Yes  No Are you allergic to iodine or seaweed?  Yes  No

Do you have any other allergies?  Yes  No

If yes, list: \_\_\_\_\_

- Questions with checkboxes: Do you smoke?, Do you take nutritional supplements?, Have you had skin treatments (facials) before?, Are you currently having facials?, Have you had electrolysis or waxing in the past week?, Do you have those services done regularly?, Have you had permanent cosmetics?

If yes, where? \_\_\_\_\_

How is your general health?  Excellent  Good  Fair  Poor

What skin-care products are you currently using? \_\_\_\_\_

What is it about your skin you would like to change? \_\_\_\_\_

Is there any other information I should know before beginning your treatment? \_\_\_\_\_

How did you hear about our services? \_\_\_\_\_

Client Signature \_\_\_\_\_